

FINDING COMMON GROUND TO SHAPE THE FUTURE

Meetings for networking and peer learning

Pre-Conference-Day 3rd of February 2026

08:30 WELCOME & OPENING (HOLZHAUS)
08:45 **BIODYNAMIC NETWORK:**
Presentation HumHub, Sharing visions and ideas

09:30 Coffee Break

10:00 **PARALLEL MEETINGS (2H15)**

⇒ **Biodynamic Advisors:**

Strengthening the global network and building local advisory capacity are essential for the movement's continuous growth. Central to the exchange will be a presentation and discussion with colleagues on the new improvements to the peer-review platform, including changes to the advisory recognition scheme, networking opportunities, and capacity-building activities. With Paz Bernaschina, Hans Supenkämper

⇒ **Biodynamic Trainers:**

How does it feel to be part of a network? Why do we need networks? What difference is there between a local and a global network? When we come together for a morning of work with trainers from all over the world, everyone brings their own individual networking experiences and needs. The meeting focuses on the question of what a global biodynamic network means for the individual, how one can benefit from it, and what one can contribute to it. It is up to us to build a framework, to define our terms of collaboration and make this perspective a reality, so that a global network becomes a valuable source of support for experienced and new trainers. In the afternoon, the ideas developed in the morning can be further developed in small groups led by Simone Helmle. With Simone Helmle, Sarah Sommer

⇒ **Biodynamic Researchers:**

This meeting is the next opportunity for people involved or interested in biodynamic research to come together. In the meeting, we want to exchange about news on recent biodynamic research activities (new results and publications, new initiatives and projects,...) and explore our virtual platform, the '[Biodynamic Network](#)', as a tool for communication and collaboration.

Further, we will get a recap of the 3rd International Biodynamic Research Conference that took place in Cirencester (UK) in late Summer 2025, including highlights from the keynotes.

12:30 **LUNCH TIME**

14:00 **ARTISTIC MOMENT**

- ⇒ “Eurythmy – The social joy” with Sonja Zausch
- ⇒ “Confidently standing up for your heart's desire” with Agnes Zehnter
- ⇒ Active perception exercise with Eduardo Rincón

AFTERNOON PROGRAM

- ⇒ Researcher: Long-term field study - presentations and discussion (15:00-17:30 CET) with Christopher Brock, Forschungsring e.V. and others
- ⇒ Trainers: Showing each other attention (from 15:00 CET)
Open space to further explore discussions started during the morning trainer meeting, with Simone Helmle
- ⇒ Trainers: Integrating the anthroposophical picture of the human being and inner development into training (15:00-16:30 CET)
Conversation space and case clinic, with Anthony Mecca
- ⇒ Trainers: About adult education (16:45-18:30 CET), with Ambra Sedlmayr
- ⇒ Economic Circle/Wirtschaftskreis (13:30-18:30 CET). “From you never farm alone to we never trade alone”: Which (wholesale) trade structures do we recognize as building social trust and promoting health for people and the environment? with Ueli Hurter, Andrea Valdinoci and others
- ⇒ Nutrition: Tasting food quality - Introduction in emphatic food testing (15:00-17:00 CET) with Jasmin Peschke (only upon request: register below)
- ⇒ 7 Life processes with Hans Supenkämper and Benno Otter (15:00-17:30 CET)
- ⇒ Biodynamic Herbalism: Distilling essential oils and therapeutic-quality scented waters (15:00-17:30 CET), with Emanuele Tellini and Marilena Massera

19:00 BIODYNAMIC TASTING AND SUPPER (Schreinerei)

In the evening, you will have the opportunity to bring and present your own products. Contact us for further information or announce your contribution in the registration: section.agriculture@goetheanum.ch

PARTICIPATION FEES

CHF 100 (Institutional price/normal fee/full-day ticket) *

CHF 50 (reduced price: students, people from outside Europe, half-day ticket) *

CHF 20 (only evening event)

Would you like to join a working group without any extras? That's possible!

*COFFEE BREAK, LUNCH, ARTISTIC MOMENT AND EVENING EVENT are included in the ticket

REGISTRATION FOR WORKING GROUPS: [HERE](#)

PAYMENT: <https://tickets.goetheanum.ch/6LT-V/>

Please contact us for any question:

Section for agriculture: section.agriculture@goetheanum.ch

Sarah Sommer: sarah.sommer@goetheanum.ch