

FINDING COMMON GROUND TO SHAPE THE FUTURE

Meetings for networking and peer learning

Pre-Conference-Day 3rd of February 2026

08:30 WELCOME & OPENING (HOLZHAUS RECHTS)

08:45 **BIODYNAMIC NETWORK:**
Presentation [HumHub](#), Sharing visions and ideas

09:30 Coffee Break (Cafeteria Wandelhalle)

10:00 **PARALLEL MEETINGS (2H15)**

⇒ **Biodynamic Advisors (Holzhaus rechts):**

Strengthening the global network and building local advisory capacity are essential for the movement's continuous growth. Central to the exchange will be a presentation and discussion with colleagues on the new improvements to the peer-review platform, including changes to the advisory recognition scheme, networking opportunities, and capacity-building activities. With Paz Bernaschina

⇒ **Biodynamic Trainers (Nordatelier):**

How does it feel to be part of a network? Why do we need networks? What difference is there between a local and a global network? When we come together for a morning of work with trainers from all over the world, everyone brings their own individual networking experiences and needs. The meeting focuses on the question of what a global biodynamic network means for the individual, how one can benefit from it, and what one can contribute to it. It is up to us to build a framework, to define our terms of collaboration and make this perspective a reality, so that a global network becomes a valuable source of support for experienced and new trainers. In the afternoon, the ideas developed in the morning can be further developed in small groups led by Simone Helmle. With Simone Helmle, Sarah Sommer

⇒ **Biodynamic Researchers (Nordsaal):**

This meeting is the next opportunity for people involved or interested in biodynamic research to come together. In the meeting, we want to exchange about news on recent biodynamic research activities (new results and publications, new initiatives and projects,...) and explore our virtual platform, the '[Biodynamic Network](#)', as a tool for communication and collaboration. Further, we will get a recap of the 3rd International Biodynamic Research Conference that took place in Cirencester (UK) in late Summer 2025, including highlights from the keynotes.

12:30 **LUNCH TIME (Speisehaus)**

14:00 **ARTISTIC MOMENT**

⇒ "Eurythmy – The social joy" with Sonja Zausch (Holzhaus links)

⇒ "Confidently standing up for your heart's desire" with Agnes Zehnter (Südatelier)

⇒ Active perception exercise with Eduardo Rincón (Takes place outside: Meeting at Goetheanum West Entrance)

AFTERNOON PROGRAM

- ⇒ **Researchers: Part I: Long-term field study - presentations and discussion** (15:00-16:30 CET); **Part 2: International Experiment on the BD Preparations** (16:45-18:15 CET) with Christopher Brock, Forschungsring e.V., Eduardo Rincón and others (Nordsaal)
- ⇒ **Trainers: Showing each other attention** with Simone Helmle. Open space to further explore discussions started during the morning trainer meeting (Nordatelier, 15:00 -16:30 CET)
- ⇒ **Trainers: Integrating the anthroposophical picture of the human being and inner development into training:** Conversation space and case clinic, with Anthony Mecca (Holzhaus rechts, 15:00-16:30 CET)
- ⇒ **Economic Circle “From you never farm alone to we never trade alone”** with Ueli Hurter, Andrea Valdinoci and others: Which (wholesale) trade structures do we recognize as building social trust and promoting health for people and the environment? with Ueli Hurter, Andrea Valdinoci and others (Haldeaal, 13:30-18:30 CET)
- ⇒ **CSA and Community-Supported Economy (CSE)** with Richard Michael Pummer, Verein Dorfgarten. Only when it is understood as an aspect of a community-supported economy (CSE) that has already been partially realized (by CSA) will community-supported agriculture be able to unfold its full transformative potential. This requires the principles of community-supported agriculture to be transferred to other areas of supply. What does this require? This is to be discussed and developed in the working group (Halde Atelier, 15:00-16:30)
- ⇒ **7 Life processes with Hans Supenkämper and Benno Otter**
We will work on transforming life processes into learning processes, researching the design options associated with this. This applies to areas of training in practical work, but also to tasks within the certification and accreditation processes. It also directly affects social areas throughout the entire surrounding environment (Holzhaus Atelier, 15:00-17:30 CET).
- ⇒ **Biodynamic Herbalism: Distilling essential oils and therapeutic-quality scented waters** with Emanuele Tellini and Marilena Massera. Essential oils, or essential oils, are products obtained by extraction from aromatic plant material. Essential oils have an allelopathic effect on nearby plants; they have a selective antibiotic effect on pathogenic microorganisms; they attract pollinators; and they act as intermediaries in energetic reactions. They can have an important therapeutic effect on humans if the principles of biodynamic agriculture are applied during cultivation and distillation. This seminar will introduce you to this aromatic world with a demonstration of state-of-the-art practical distillation of essential oils and therapeutic-quality scented waters (Schreinerei Südsaal rechts, 15:00-17:30 CET)

Cancelled workshops:

- ⇒ **Nutrition: Testing food quality - Introduction in emphatic food testing** with Jasmin Peschke
- ⇒ **About adult education** with Ambra Sedlmayr

19:00 BIODYNAMIC TASTING AND SUPPER (Schreinerei)

PARTICIPATION FEES

CHF 100 (Institutional price/normal fee/full-day ticket) *

CHF 50 (reduced price: students, people from outside Europe* or half-day ticket**)

CHF 20 (only evening event)

Would you like to join but you cannot pay? Please contact us!

*COFFEE BREAK, LUNCH, ARTISTIC MOMENT AND EVENING EVENT are included in the ticket

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REGISTRATION FOR WORKING GROUPS: [HERE](#)

PAYMENT: <https://tickets.goetheanum.ch/6LT-V/>

Please contact us for any question:

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