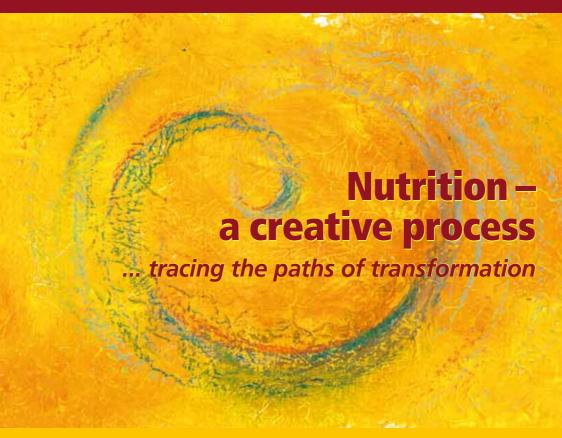
International Nutrition Conference at the Goetheanum (English, German, French)



1st – 3rd of May 2014 in Dornach/Switzerland

Goetheanum

Nutrition – a creative process ... tracing the paths of transformation

International Nutrition Conference at the Goetheanum 1st – 3rd of May 2014 (English, German, French)

			Friday, 2.5.2014		Saturday, 3.5.2014
	Nutrition is transformation: from cultivating,	8.30-9.10	Panel dialogue on the verse "Seek the truly practical, material life …" (German) Ulrike von Schoultz, Dr. Reinhard Kindt	8.30-9.10	Panel dialogue on the verse "Seek the truly practical, material life …" (English) Anita Pedersen, Dr. Jasmin Peschke
	processing and preparing food, to eating and digesting – it is a process of continuous movement and change. This process leads from the living earth to plants, animals and finally man. Each step along the way from soil to man	9.15–10.15	Lecture Transformation processes in nutrition and in education (French) Joël Acremant	9.15–10.15	Lecture Transformation of food – nutrition of the human being (from a medical perspective) (German) Dr. Edmond Schoorel
	transforms the previous substance into something new. These often alchemical processes of transformation form	10.15–10.45	Break	10.15–10.45	Break
	the essential quality of nutrition.	10.45–12.15	Workshops I*	10.45–12.15	Conversation & Exchange
	How can we become more conscious of these transformative processes and shape them constructively	12.30–13.30	Lunch break	12.30–14.00	Lunch break
	in our everyday nutrition? How can we convert the original substance that is contained in plant and animal products in a way that leads to true refinement?		Guided tours, meetings of initiatives	14.00–15.00	Panel discussion Agriculture and kitchen-culture as a creative process (German) Moderation: Dr. Isabell Hildermann
Alongside a deepening of these questions, the conference also aims to connect individuals and nutrition initiatives from different countries. Cooperative work-		14.30–15.30	Interactive: eating in ones' biography Anita Pedersen, Ulrike von Schoultz	15.00–15.15	Closure (German) Ueli Hurter
	shops using dialogue methods will be used to enhance the exchange amongst the participants. The conference is open to all interested individuals and will be trilingual.	15.30–16.00	Lecture Developmental keypoints and dietary changes (German) <i>Ulrike von Schoultz</i>	15.30–16.30	For those who wish: time to discuss future work
Workshops will be held in various languages.		16.00–16.30	Break with "partner coffee"	* Summary descriptions of the workshops are available at www.sektion-landwirtschaft.org/4977.html	
	Thursday, 1.5.2014	16.30–18.00	Workshops II*	115	
	19.00–20.45 Opening (German) Jean-Michel Florin	18.00–20.00	Evening break		
	Lecture Nutrition – a creative process (German) <i>Dr. Petra Kühne</i>	20.00	"It's enough!" Sketch Theaterkabarett Birkenmeier		
	Musical ending with three mignon songs from Franz Schubert Susanna Küffer Heer	From 21.00 onwards	Night café in the Speisehaus		
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Workshops

Friday 2.5.2014, 10.45-12.15 / Repetition 16.30-18.00

1.	Breeding cereals – a process of creative transformation	Dr. Isabell Hildermann	DE, EN
2.	Nutrition as a foundation for curative pedagogy	Anita Pedersen Heinz Fendrich	DE, EN
3.	Fancy transformation? – how about baking?	Emma Graf Birgit Hausheer	DE, IT
4.	Fat and warmth – a matter of the heart	Dr. Petra Kühne Ulrike von Schoultz	DE
5.	Transformation processes in biodynamic agriculture – transformation processes in the human being	Susanna Küffer Heer Dr. Reinhard Kindt	DE, EN
6.	From nutrition knowledge to its everyday application	Renate Lendle Judith Schake	DE, EN
7.	More joy in eating through spices	Jean-Michel Florin	DE, FR
8.	Changing eating habits	Cornelia Vellut Joël Acremant	DE, FR
9.	Nutrition and inner work (the 6-months-exercises)	Sabine Hurwitz	DE, EN
10.	Our eating biography – how life is mirrored in our eating behaviour	Martina Kallenberg Claudia Tritschel	DE, EN
11.	How can anthroposophic nutrition be implemented in Waldorf schools?	Ina Chesnier Gilles Daveau Jean-Christophe DaLuz	DE, FR
12.	Help! My child doesn't want to eat what shall I do?	Johannes Kingma Dr. Edmond Schoorel	DE, EN
	Guided visit on the conference theme to the representative of humanity sculpture	Esther Gerster	DE, EN 10.45 DE, FR 16.30
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The workshops in the afternoon are a repetition of the workshops in the morning. Please choose two different workshops, one for the morning and one for the afternoon.

Guided tours 14. Goetheanum tour DE

Friday 2.5.2014, 13.30-14.30

- 15. Goetheanum tour EN
- 16. Goetheanum tour FR
- 17. Garden tour DE
- 18. Garden tour EN
- 19. Garden tour FR

Information

Section for Agriculture at the Goetheanum Hügelweg 59 CH-4143 Dornach Tel./Fax +41 61 706 42 12 / 15 sektion.landwirtschaft@goetheanum.ch www.sektion-landwirtschaft.org

Registration

Goetheanum Reception Rüttiweg 45 CH-4143 Dornach tickets@goetheanum.ch www.goetheanum.org/6064.html Accommodation: zimmer@goetheanum.ch

General Information

Nutrition - a creative process

International Nutrition Conference of the Section for Agriculture at the Goetheanum from Thursday, 1 to Saturday, 3 May 2014

Booking closes: Thursday, 17 April 2014

Conference fees: with sponsorship²: CHF 365 with meals: CHF 431 regular price: CHF 250 with meals: CHF 316 with meals: CHF 241

Conference meals

Conference meals include 2x lunch and 1x evening meal. Breakfast (2x) can be booked separately at CHF 30. We regret that food intolerances cannot be catered for.

Parking permit

for the period of the conference: CHF 14 (not right next to the Goetheanum building). Please display your disabled badge in your car.

Group accommodation (booking possibility on the booking form)

Accommodation with mattrasses on the floor: 2 nights from 1 to 3 May 2014 for CHF 20

Please bring a sleeping bag as well as a sheet; limited places

Methods of payment/confirmation

Credit cards (all countries): The full amount due will be charged to your account as soon as your booking has been processed. Confirmation will be sent to you.

Invoice (CH/Euro zone): Confirmation and invoice will be sent to you once your booking has been processed.

Other countries: Once your booking has been processed, you will be sent confirmation.

Please note that the conference fee must be paid before the conference starts.

Conference tickets: Tickets can be collected at Reception, also if you pay on arrival. We accept cash (Euro and CHF), VISA, MasterCard, ec-direct and Postcard-Schweiz.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the begin of the conference (date of posting). After that, 50% of the conference fee will be charged. Cancellation on the day when the conference begins or failure to attend are subject to a 100% cancellation fee. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 3% of total costs (CHF 5 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure.

Data processing: All data will be electronically recorded and filed.

Recommended accommodation

Prices are per person per night. Prices for accommodation cannot be guaranteed.

Guest Houses and Goetheanum Accommodation

Accommodation bureau rooms from CHF 50 phone +41 61 706 44 45 zimmer@goetheanum.ch
Haus Friedwart from CHF 75, about 5 min. walk to the Goetheanum phone +41 61 706 42 82 www.friedwart.ch
Begegnungszentrum from CHF 30, about 10 min. walk to the Goetheanum phone +41 61 706 42 82 friedwart@goetheanum.ch

Guest House Stiftung Kloster Dornach from CHF 75

phone +41 61 701 12 72 www.klosterdornach.ch

Hotels in Arlesheim from CHF 120

Hotel Eremitage* phone +41 61 701 54 20 www.eremitage.ch Hotel zum Ochsen* phone +41 61 706 52 00 www.ochsen.ch

Youth hostels from CHF 31

Youth hostel Basel St. Alban yhone +41 61 272 05 72 www.youthhostel.ch yMCA Hostel Basel phone +41 61 361 73 09 www.ymcahostelbasel.ch phone +41 61 333 00 37 www.baselbackpack.ch (incl. mobility ticket)

^{*} Accommodations offer on request special conditions for conference quests at the Goetheanum.