

## Trainers & Advisors Meeting

### Facilitating Developmental Processes in Biodynamics

**4th February 2025, 08:45 – 17:00 CET, Rudolf Steiner Halde, Goetheanum**

Biodynamics is a learning path that can enable people to reconnect with their spiritual nature, while developing new skills and capacities. Accompanying farmers and facilitating meaningful learning experiences that allow them to develop an *enthusiasm* that strongly awakens their *will force* is an essential step on this transformative path. It is fundamental for farmers to embark on an individual path of development and self-discovery in biodynamic agriculture.

How could trainers and advisors facilitate developmental processes in biodynamics? how to design meaningful training and advisory services that awaken farmers enthusiasm for the biodynamic path? How can we translate anthroposophical principles - including the Seven Life & Learning Processes - into meaningful tools for the further development of biodynamics around the world?

We invite biodynamic trainers, teachers and advisors to a one-day workshop at the Goetheanum to deepen into the foundations of adult learning, to share with colleagues on common approaches and to work together on meaningful tools for further biodynamic work.

CET	AGENDA
08:45	<b>Welcome &amp; Opening</b>
09:00	<b>Biodynamic Agriculture into the future: Recognizing the key role of trainers and advisors</b> <i>by Eduardo Rincon</i>
09:45	<b>Putting the agricultural course into practice today: The journey and significance of the five-step concept of biodynamic farming</b> <i>by Marcel Waldhausen</i> The agricultural course for practitioners was introduced in 1924. Today's agricultural reality often does not allow us to work with the Agriculture Course. In an inspirational talk, Marcel Waldhausen gives an insight into his learning path to the five-step concept of biodynamic agriculture and shows why it is important to develop a revitalized view of Steiner's Agriculture Course.
10:30	<i>Coffee break</i>
11:00	<b>Visioning Process: Connect with the impulse that moves us as multipliers of Biodynamics across the world and let it inspire and guide us</b> <i>by Ambra Sedlmayr</i> Can we make the impulse inside of us that makes us work for the development of Biodynamic Agriculture conscious? Can we come together as a group of multipliers that listens in to this call? Can we articulate the call to a common vision that helps us to collaborate more consciously and intentionally collaborate towards its realization?
12:30	<i>Lunch time</i>
13:30	<b>Inner Development: Aligning and Working Creatively with the Spirit</b> <i>by Anthony Mecca</i> We are being called to help create an agriculture of the future. Inner development can support us to meet challenges individually and collectively, bridging and bringing health to the social, scientific, and spiritual realms by clarifying and integrating our experiences.

	<p>Just as there are varied landscapes and beings active in the physical world, we may also come to recognize and consciously participate in the rich inner, spiritual world. These so-called outer and inner worlds deeply interpenetrate and influence each other. We will explore these relationships through presentation, exercises, and conversation.</p> <p><b>Thematic groups</b></p> <ul style="list-style-type: none"> <li> <b>Open the Space of Present</b> <i>by Hans Supenkaemper</i>            Working on the base of the 7 life and learning processes as a need of our time to full fill the transformation task of our Biodynamic Movement.            A new approach for advisory work and conversion plans         </li> <li> <b>How to awaken the will for biodynamics – encounter with the kingdoms of nature</b> <i>by Simone Helmle</i>            In the workshop, we will engage in a joint observation of nature. We will explore the solid and the enduring, the flowing and the moving, as well as the alternation of center and periphery. Based on our direct experience, we will describe, reflect on and see what can enrich your trainer and/or advisor skills.         </li> </ul>
14:30	
16:00	<i>Coffee break</i>
16:30	<b>Closing round in plenary</b>
17:00	<b>End of the meeting</b>
18:30	<i>Biodynamic Market with tasting and supper in the Schreinerei (separate registration)</i>

**Contact for questions:**

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