

## African Biodynamic Trainers Workshop

	Tuesday	Wednesday	Thursday	Friday	Saturday
08.30		<div>ONE DAY FARMERS WORKSHOP</div> <div>SEE SEPARATE PROGRAMME</div>	Optional Movement Medicine	Optional Movement Medicine	Optional Movement Medicine
09.00			Circle Check in: What is alive from yesterday?	Circle Check In: What learning survived the night?	Circle Check In: Aspirations going forward?
09.30			Study: Agricultural Course	Study: Agricultural Course	Study: Agricultural Course
10.00	Welcome and Introductions		Debrief from the Farmers Workshop	Open Space Session on Training Topics and Methods, eg what makes a good trainer? How do we train perception? How do we work in participatory ways? etc.	Mapping the Way Forward and Next Steps
11.00	Kufunda Walk About		Mapping Areas for further Development as BD Trainers		Large and small group conversation related to the future.
12:00	What will success look like? - Co-Crafting our Intentions together				
13.00	Lunch		Lunch	Lunch	Lunch
14.00	Study: Agricultural Course Creating groups for Farmers workshop		Shared Perception Exercise	Shared Perception Exercise	Shared Perception Exercise
15.00	Preparing for the Farmers Workshop (small groups)		Participant Workshop Offering - Based on Call for Content	Open Space session around our connection to the wider eco-system. eg. Connecting to the organic movement, working with schools, etc..	What do we want to share with the world in the upcoming Online workshop?
16.00	Tea		Tea	Tea	Tea
16.30	Presenting and feedback for farmers workshop	Market Place of our initiatives	Open Space Continued	Check Out	
17.30	Rest and Reflection	Rest and Reflection	Rest and Reflection	Rest and Reflection	
18.30	Dinner	Dinner	Dinner	Dinner	
19.30	Further time for preparation	Mbira Offering	Story telling around the fire - Getting to know our initiatives	Creating an African Map of our Initiatives	Celebration