

Asian Biodynamic Conference 2025

& Trainers Meeting

31 Oct – 9 Nov, Nepal

HEALING HIMALAYAS

The Himalaya are under threat, with their ecological foundations, farmland and glacial lakes - the lifeblood of Asia - disappearing at an alarming rate. Could biodynamic agriculture - a holistic, regenerative farming approach - provide cross-cutting solutions to transform our food systems and heal or land? We invite farmers, researchers, biodynamic initiatives and associations, local multipliers, and key stakeholders from the food sector to join us at the 3rd International Asian Biodynamic Conference, where we will explore synergies and collaborations for the future of agriculture in Asia.

Languages

English will be the main languages of the conference. Keynotes, panels and several sessions are available in Chinese.

Pre-Conference Program

Series of collaborative programs led by Eduardo Rincón and Asian regional trainers.

31 October-1 November
Fri-Sat
Kathmandu

Introduction to Biodynamic Agriculture Workshop

2-4 November
Sun-Tue
Tanahun

Preparation Making Workshop

4-6 November
Tue-Wed
Pokhara

Biodynamic Trainers and Multipliers Meeting

Asian Biodynamic Conference 2025 (Pokhara)

6 November
Thursday

9:00

Market Place

Asian Biodynamics and Demeter products showcase

Exhibition

Asian Biodynamic Impulses and Asian Biodynamic Research Poster Exhibition

12:30

Arrival Registration

14:00 Opening

“Healing Himalayas”

Mr. Surendra Pande (Chief Minister of Gandaki), Eduardo Rincón (Head of Agriculture Section, Goetheanum)

Presentation

“The Ecological and Social Situation in the Himalaya Today: Challenges and Opportunities – Exploring Eco Farming and Ancient Wisdom in the Himalaya region”.

16:00 Coffee Break

16:30

Panel Discussion

Himalayans Representatives: Sonam Tashi (Royal University of Bhutan), Nima Lama (Tsum Nubri Rural Municipality, Nepal), PD Rai (SIKIM, India), C.K. Ganguly (Timbaktu Collective, India), etc. Moderated by Binita Shah (SARG, India)

18:00 Cultural Evening

Himalayans Performance and Food Feast

7 November
Friday

7:00 Tuning in Exercise

7:45 Breakfast

8:45

Morning Reflection

9:00 Presentations:

Towards a Regenerative Himalayas

Binita Shah (SARG, India), Da Hei (GreenMe Farm, China), Kesang Tshomo (National Organic Program, Bhutan), Gao Zhan (ZhenRuYi, Taklamakan Desert, China) etc. Moderated by Eduardo Rincón

10:30 Coffee Break

11:00

Presentations:

Towards a Regenerative Himalayas

With Q & A and an exercise.

12:30 Lunch

14:00 Workshops

- 1 Biodynamic Research Principle and Practices; Asian BD Research Poster Presentation
- 2 Soil Health: Smarter Solutions in An Age of Water Uncertainty (Eng/Chi)
- 3 Biodynamic Farm Organism and Farm Individuality
- 4 Community Supported Agriculture and the Potential for Developing Asian Smallholder Farmers
- 5 Farms = Fields of Experience
- 6 Social Healing Through Biodynamic Agriculture
- 7 Biodynamic Compost and Farm Conversion
- 8 Biodynamic Nutrition, Consciosuness and Youth Development (Eng/Chi)
- 9 Compost Preparation Plant Cultivation in Asia and Experience Exchange from Different Countries - India, Malaysia, Vietnam, Nepal, Japan, Taiwan, Indonesia, Sri Lanka, Thailand, etc.
- 10 Integrating Traditional Farming with Biodynamic Farming Practices
- 11 Emphatic Food Testing

16:30 Artistic Workshops:

Painting
Speech Exercise
Music
Eurythmy
Perception Exercise

18:00 Dinner

20:00 Night Cafe

8 November
Saturday

8:45

Morning Reflection

9:00 Excursion

Onsite Farm Study

1. Maya Eco Village
2. Maitreya Pathshala
3. Marimche Village
4. Nepal Blue Mountain Coffee

11:00 Excursion

11:00 Closing Panel

Living Impulse of Healing Himalayas and Agri-Culture Movement”

Eduardo Rincón and Himalayan Representatives

18:00 Cultural Evening

International Exchange

9 November
Sunday

8:45

Morning Reflection

9:00 Plenary

Workshop group exchange



www.asianbiodynamic.com

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& Trainers Meeting
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HEALING HIMALAYAS

Workshops
Information

Pre-Conference Workshop 31 October - 6 November

31 October-1 November: Introduction to Biodynamic Agriculture Workshop
Kokola Didi Ko Organic Farm, Kathmandu, Nepal

Led by Eduardo Rincón, in collaboration with Peter Kearney, P. Anbu, Sudarshan Chaudhary, Ritman Gurung

2-4 November: Biodynamic Biodynamic Preparation Making Workshop
Tanahun Farm, Tanahun, Nepal

Led by Eduardo Rincón, in collaboration with Binita Shah, Peter Kearney, Ritman Gurung, Sudarshan Chaudhary, Putri Mirayanti, Ngoc Son Nguyen, Paul Ong

4-6 November: Biodynamic Trainers and Multipliers Meeting
Pokhara Hotel Grand, Pokhara, Nepal

Led by Eduardo Rincón, Alex Edleson, Paz Bernaschina

Conference Workshop 7-8 November

Pokhara Hotel Grand, Pokhara, Nepal

- 01 Biodynamic Research Principle and Practices; Asian BD Research Poster Presentation
Eduardo Rincón
- 02 Soil Health: Smarter Solutions in An Age of Water Uncertainty Ng Tien Khuan, Da Hei (Eng/Chi)
- 03 Biodynamic Farm Organism and Farm Individuality Binita Shah
- 04 Community Supported Agriculture and the Potential for Developing Smallholder Farmers
in Asia Alex Edleson
- 05 Farms = Fields of Experience Walter Siegfried Hahn
- 06 Social Healing Through Biodynamic Agriculture Paz Bernaschina
- 07 Biodynamic Compost and Farm Conversion Regina Sharmila Dass, Thangapandian
- 08 Biodynamic Nutrition, Consciousness and Youth Development Chik Ying Chai, Anthony Selvi,
Sudarshan Chaudhary (Eng/Chi)
- 09 Compost Preparation Plant Cultivation in Asia and Experience Exchange from Different Countries
-India, Malaysia, Vietnam, Japan, Taiwan, Sri Lanka, Thailand and Indonesia Jakes Jayakaran,
Ngoc Son Nguyen, Ee Leen Yap, Putri Mirayanti, Sayu Komang, Gloria Sun, Janaka D. Kulatunga,
Sam Charawong, Ritman Gurung, etc.
- 10 Integrating Traditional Farming with Biodynamic Farming Practices Etha Widiyanto, Putu Bawa
(Bali), Mahendra Kumar Shrestha (Nepal)
- 11 Emphatic Food Testing Mizzy Zhu, Walter Siegfried Hahn

Artistic Workshop 7-8th November

- 01 Painting: Exploring the Secret of Healing Colour Gloria Sun (Eng/Chi)
- 02 Speech Exercise: And There Was Light Grace Zozobrado Hahn
- 03 Music: Thalir Cultural Team
- 04 Eurythmy: Ritman Gurung, Pratichhya Gurung, Mira Thakali
- 05 Perception Exercise: Peter Kearney

Excursion - On Site Farm Study 9th November

- 01 Maya Eco Village • Theme: Substance as Carrier of Spirit
Ng Thien Kuan, Da Hei, Sumanth Bharadwaj, Mahendra Kumar Shrestha, Meena Gurung
- Maitreya Pathshala • Theme: Nurturing the Earth; Empowering Youth in Biodynamic Agriculture
C.K. Ganguly, Ritman Gurung, Bishnu Sherchan
- Maramche Village • Theme: Community Farming and Community Seed Bank
Narayan Wagle, Walter Siegfried Hahn, Alex Edleson, Lenen Rahaman, Krishna Prasad Adhikari
- Nepal Blue Mountain Coffee • Theme: Farming Training and Community Engagement
Binita Shah, Sudarshan Chaudhary, Nabaraj Pokhreal

Venue

Conference and Biodynamic Trainers
and Multipliers Meeting
Pokhara Hotel Grand, Pokhara, Nepal

Pre-Conference Workshop:
Introduction to Biodynamic Workshop
Kokola Didi Ko Organic Farm, Kathmandu, Nepal

Pre-Conference Workshop:
Biodynamic Preparation Making
Tanahun Farm, Tanahun, Nepal

Registration

Biodynamic Trainers and Multipliers Meeting
paz.bernaschina@demeter.net

3rd Asian Biodynamic Conference
www.asianbiodynamic.com



Inquiries

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Conference Tickets

Sponsor Price €250 Regular Prince €130

Discounted Price please contact:
healinghimalayas2025@gmail.com

Ticket includes conference entrance, 3 nights’
accommodation, 3 breakfasts, 4 lunches,
3 dinners and coffee breaks.

Extended stays can be arranged directly with
Pokhara Hotel Grand or contact
healinghimalayas2025@gmail.com

Host

School for Spiritual Science
Section for Agriculture · Goetheanum

Conference Partners

Section for Agriculture, Goetheanum
sektion-landwirtschaft.org

Biodynamic Federation Demeter International
www.demeter.net

Supporting Partners

Biodynamic Research Network
Biodynamic Association India
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Tanora Planet Biodynamic Farms, China

list to be continued.