

ASIAN BIODYNAMIC CONFERENCE & TRAINERS MEETING HEALING HIMALAYAS

31/10 -
9/11/2025
Nepal

The Himalaya are under threat, with their ecological foundations, farmland and glacial lakes - the lifeblood of Asia - disappearing at an alarming rate. Could biodynamic agriculture - a holistic, regenerative farming approach - provide cross-cutting solutions to transform our food systems and heal or land? We invite farmers, researchers, biodynamic initiatives and associations, local multipliers, and key stakeholders from the food sector to join us at the 3rd International Asian Biodynamic Conference, where we will explore synergies and collaborations for the future of agriculture in Asia.

Languages

English will be the main languages of the conference. Keynotes, panels and several sessions are available in Chinese.

Pre-Conference Program

Series of collaborative programs led by Eduardo Rincón and Asian regional trainers.

**31 October-
1 November**
Fri-Sat
Kathmandu

**Introduction
to Biodynamic
Agriculture
Workshop**

2-4 November
Sun-Tue
Tananan

**Preparation
Making
Workshop**

4-5 November
Tue-Wed
Pokhara

**Biodynamic
Trainers and
Multipliers
Meeting**

Asian Biodynamic Conference (Pokhara)

6 November
Thursday

9:00

Market Place

Asian Biodynamics
and Demeter
products showcase

Exhibition

Asia Biodynamic Impulses
and Asia Biodynamic
Research Poster Exhibition

12:30

Arrival Registration

14:00 Opening

“Healing Himalayas”

Mr. Surendra Pande (Chief Minister of Gandaki), Eduardo Rincón (Head of Agriculture Section, Goetheanum)

Presentation

“The Ecological and Social Situation in the Himalaya Today: Challenges and Opportunities – Exploring eco farming and ancient wisdom in the Himalaya region”.

16:00 Coffee Break

16:30

Panel Discussion

Representatives from Himalayan region
Sonam Tashi, Binita Shah etc.

18:00 Cultural Evening

Himalayans Performance and Food Feast

7 November
Friday

7:00 Tuning in Exercise

7:45 Breakfast

8:45

Morning Reflection

9:00 Presentations:

**Towards Regenerative Himalayas
Development**

Nima Lama (Tsum Nubri Rural Municipality), Da Hei (Greenme Farm)
C.K.Ganguly (Timbaktu), PD Rai (Sikkim), Kesang Tshomo (Bhutan National Organic Programme)
Moderated by Binita Shah

10:30 Coffee Break

***11:00/11:30**

Panel Discussion

**Regeneration and Development
Towards Sustainable Himalayas**

12:30 Lunch

14:00 Workshops

- 1 Biodynamic Research Principle and Practices
- 2 Soil Health: Smarter Solutions in An Age of Water Uncertainty
- 3 Biodynamic Farm Organism and Farm Individuality
- 4 Community Supported Agriculture and the Potential for Developing Smallholder Farmers in Asia
- 5 Farms = Fields of Experience • Emphatic Food Testing
- 6 Social Healing Through Biodynamic Agriculture
- 7 Biodynamic Compost and Farm Conversion
- 8 Dynamic Nutrition, Consciosuiness and Youth Development
- 9 Biodynamic Preparation Plant Cultivation In Asia - The Case in India, Malaysia, Vietnam and Indonesia
- 10 Integrating Traditional Farming with Biodynamic Farming Practices

16:30 Artistic Workshops:

Painting
Speech Exercise
Music
Eurythmy
Perception Exercise

**18:00 Dinner
20:00 Night Cafe**

9 November
Sunday

8:45

Morning Reflection

9:00 Plenary

Workshop group exchange

11:00 Closing Panel

**Living Impulse of Healing Himalaya
and Agri-Culture Movement”**
Eduardo Rincón and Himalayan
Representatives



www.asianbiodynamic.com
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Workshops Information

**31/10 -
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Nepal**

Pre-Conference Workshop 31 October-1st November Kokola Didi Ko Organic Farm, Kathmandu, Nepal

Introduction to Biodynamic Agriculture Workshop

Led by Eduardo Rincón, in collaboration with Peter Kearney, Anbu Periasamy,
Sudarshan Chaudhary, Ritman Gurung

Pre-Conference Workshop 2nd-4th November Tanahun Farm, Tanahun, Nepal

Biodynamic Preparation Making

Led by Eduardo Rincón, in collaboration with Peter Kearney, Binita Shah, Ritman Gurung,
Sudarshan Chaudhary, Putri Mirayanti, Paul Ong, Son Nguyen Ngoc

Pre-Conference Workshop 4th-5th November Phokara Hotel Grand, Phokara, Nepal

Biodynamic Trainers and Multipliers Meeting

Led by Eduardo Rincón, Paz Bernaschina

Conference Workshop 7-8th November Phokara Hotel Grand, Phokara, Nepal

- 01 Biodynamic Research Principle and Practices Eduardo Rincón
- 02 Soil Health: Smarter Solutions in An Age of Water Uncertainty Ng Thien Kuan, Da Hei
(With Chinese Translation)
- 03 Biodynamic Farm Organism and Farm Individuality Binita Shah
- 04 Community Supported Agriculture and the Potential for Developing Smallholder
Farmers in Asia Alex Edleson
- 05 Farms = Fields of Experience • Emphatic Food Testing Walter Siegfried Hahn
- 06 Social Healing Through Biodynamic Agriculture Paz Bernaschina
- 07 Biodynamic Compost and Farm Conversion Regina Sharmila Dass, Thangapandian
- 08 Dynamic Nutrition, Consciousness and Youth Development Chik Ying Chai, Anthony Selvi
- 09 Biodynamic Preparation Plant Cultivation in Asia - The Case in India, Malaysia, Vietnam
and Indonesia Jakes Jayakaran, Son Nguyen, Ee Leen Yap, Putri Mirayanti, Sayu Komang
- 10 Integrating Traditional Farming with Biodynamic Farming Practices Etha Widiyanto,
Putu Bawa (Bali), Mahendra Kumar Shrestha (Nepal)

Artistic Workshop 7-8th November

- 01 Painting: Exploring the Secret of Healing Colour Gloria Sun (Eng/Chi)
- 02 Speech Exercise: And There Was Light Grace Zozobrado Hahn
- 03 Music Nepalist and Himalayans Community
- 04 Eurythmy Pratichhya Gurung, Mira Thakali and Santosh Thikepa
- 05 Perception Exercise Peter Kearney

Excursion - On Site Farm Study 9th November

- 01 Maya Eco Village • Theme: Substance as Carrier of Spirit (With Chinese Translation)
Ng Thien Kuan, Da Hei, Sumanth Bharadwaj, Mahendra Kumar Shrestha, Meena Gurung
- 02 Maitreya Pathshala • Theme: Nurturing the Earth; Empowering Youth in Biodynamic Agriculture
C.K. Ganguly, Ritman Gurung, Bishnu Sherchan
- 03 Maramche Village • Theme: Community Farming
Narayan Wagle, Walter Siegfried Hahn, Alex Edleson, Krishna Prasad Adhikari
- 04 Nepal Blue Mountain Coffee • Theme: Farming Training and Community Engagement
Binita Shah, Sudarshan Chaudhary, Nabaraj Pokhreal

Venue

Conference and Biodynamic Trainers
and Multipliers Meeting

Phokara Hotel Grand, Phokara, Nepal

Pre-Conference Workshop:

Introduction to Biodynamic Workshop

Kokola Didi Ko Organic Farm, Kathmandu, Nepal

Pre-Conference Workshop:

Biodynamic Preparation Making

Tanahun Farm, Tanahun, Nepal

Registration

www.asianbiodynamic.com



Inquiries

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Tickets

Sponsor Price €250

Regular Prince €130

Discounted Price please contact:

healinghimalayas2025@gmail.com

Ticket includes conference entrance, 3 nights’
accommodation, 3 breakfasts, 4 lunches,
3 dinners and coffee breaks.

Extended stays can be arranged directly with
Phokara Hotel Grand or contact
healinghimalayas2025@gmail.com

Host

School for Spiritual Science

Section for Agriculture · Goetheanum

Conference Partners

Section for Agriculture, Goetheanum
sektion-landwirtschaft.org

Biodynamic Federation Demeter International
www.demeter.net

Supporting Partners

Biodynamic Association India
Biodynamic Association Indonesia
Malaysia Demeter Association
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GreenMe Farm, China
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Threefold Living Studio, Taiwan
Peaceful Nature School, Japan
Kokola Didiko Organic Farm, Nepal
Tanahun Farm, Nepal
Phokara Hotel Grand, Nepal
Maya Eco Village, Nepal
Maitreya Pathshala, Nepal
Marinche Village, Nepal

list to be continued.