



Encounter with plants

Webinar online course in 3 sessions with Jean-Michel Florin

A pilot project on preparation plants

III The gesture and identity of the plant

Exercise session III

1. The gesture and identity of the plant

- Try to remember all observations you did about the plant, specially the first impression, the growth dynamic and the smell, etc. Focus inwardly on all these aspects and then let it go.

Draw or describe the gesture of the plant.

2. More information (optional)

- Try to find the name of the specie and the family of the plant. Which place has this specie in the family and which is its specific aspect in the family? What is the use, the history of the plant, etc.

The exercises will be discussed in the next session. Please send your completed exercises in advance to Jean-Michel Florin: jean-michel.florin@goetheanum.ch