

Human Earth a sustainable relationship

A new approach to soil plants, animals and food
with a holistic and biodynamic approach.

Short Courses and Workshops at Emerson College

Deepen your connection to the living land and the soul within, towards a fruitful future.

The workshops will further your connection to, and understanding of, the living world. They will be of value to you if you are a gardener, a farmer, or even if you do not have an existing connection to the land. They will further your understanding of Biodynamic and other organic farming and gardening practices through sense experiences and contemplative workshops, using our individual insights and understanding.



To explore mysteries in the living world around us, we need practice to use and trust all our twelve senses and listen to our hearts. This is heightened by sharing experiences. Our future needs can be met by giving space to the present.

The Biodynamic practice offers new insights to nourish the imaginative and creative role of the human being on earth.

Through our intimate connection to nature we can enrich our culture with wellbeing, meaning and beauty.

Biodynamic and other organic farming and gardening practices will inform our research into soil, plant, animal and social potential so that we can meet our future with optimism, passion and confidence. New methods and skills need to evolve, to grow nourishing food, work collaboratively, act with care and engage more people with the bounty of our land.

Short Courses -Learning by Heart

Information, sense exercises, imagination and collaborative inquiry will build the foundation to explore the mysteries of life:

Workshop leaders: Include Kai Lange, Heidi Herrmann, Martin Large, Peter Brinch, Briony Young and Lucy Voelcker: www.emerson.org.uk/shortcourses - tel: 01342 822238

Costs:

£140 Course fee only

£208.50 Course fee plus single room and all meals

£163.50 course fee plus lunch and breaks - no accommodation

LIFE BETWEEN EARTH AND COSMOS - Why Biodynamics?

Sat-Sun 18-19 April 2015 with Kai Lange and Peter Brown

Saturday 1000 - 1700 and Sunday 0900 - 1600

Understanding Life is a quest, that leads us beyond the measure of matter. Working with the living soil, plants and animals should be an obvious part of that quest. However, our materialistic trained and orientated mind doesn't want to accept that living matter is sensitive and sensible and engages with the world around it in an intricate way. The biodynamic perspective helps to understand Life within, using and training all our senses to heighten that perception. Life 'happens' when spirit and matter meet. Acknowledging this fact helps us to provide for and support the living world and allow it to unfold its potential in practical and creative ways.

PLANTS TO FEED DEVELOPMENT - How plants can feed body, soul and spirit

Sat-Sun 30-31 May 2015 with Kai Lange

Saturday 1000 - 1700 and Sunday 0900 - 1600

How do plants grow? What do they need and what can they give? Plants have different characteristics, visible in texture, form, matter, colour etc. Plants interact and work with the landscape. They can help us to nourish our body, but also our soul and spirit. Our nutritional needs are more than what just fills our bellies.

BEEES, BIRDS AND LANDSCAPE - essential for human development

Sat-Sun 20-21 June 2015 with Kai Lange and Heidi Herrmann

Saturday 1000 - 1700 and Sunday 0900 - 1600

Biodiversity is a well established concept today. However, exploring beyond the materialistic connections will open new insights into the forces and qualities at work. Already in the 1920ies Rudolf Steiner highlighted the importance of ecology for a healthy, balanced landscape and productive agriculture. Bees are so much more than just productive pollinators or honey producers. Birds have similar roles to insects in that both contribute fundamentally to the land, hedges and forest. The relationship between humanity and bees is about much more than honey! It is about a fascinating interconnection between bees, birds, the landscape and humanity.

Additional courses, full description to follow.

SEEDS FOR CHANGE - seed production and saving

Sat-Sun 5/6 September 2015

FARM ORGANISM FOR SUSTAINABLE HEALTH - wholeness and resilience

Mon-Tue 5-6 October 2015

PREPARATIONS TO SUPPORT LIFE 1- how biodynamic preparations work
Sat-Sun 10/11 October 2015

ALCHEMY- transformation of matter - substance and spirit
Mon-Tue 16/17 November 2015

AGRICULTURE SUPPORTED COMMUNITY - ASC - new forms of community
Sat-Sun 23/24 January 2016

STAR CALENDAR - theory and practice - plants connection to the cosmos
Mon-Tue 22-23 February 2016

SOIL CULTIVATION & PHENOMENOLOGY- theory & practice in field and garden
Sat-Sun 5-6 March 2016

LIVING SOIL - humus for humans - compost as a key role
Mon-Tue 7/8 March 2016

PREPARATIONS TO SUPPORT LIFE 2- how biodynamic preparations work
Mon-Tue 18/19 April 2016

WHAT FEEDS US IN OUR FOOD - substance, quality, preparation and beauty - feeding body, soul, spirit and community
Sat-Sun 30 March - 1 May 2016

PLANTS AND WHAT THEY TELL - earthly and cosmic forces expressed by plants - starting a conversation with the plant.
Mon-Tue 2/3 May 2016

CREATIVE AGRI-CULTURE - culture as link between human and land - how to be creative in marking the year cycle
Sat-Sun 11/12 June 2016

