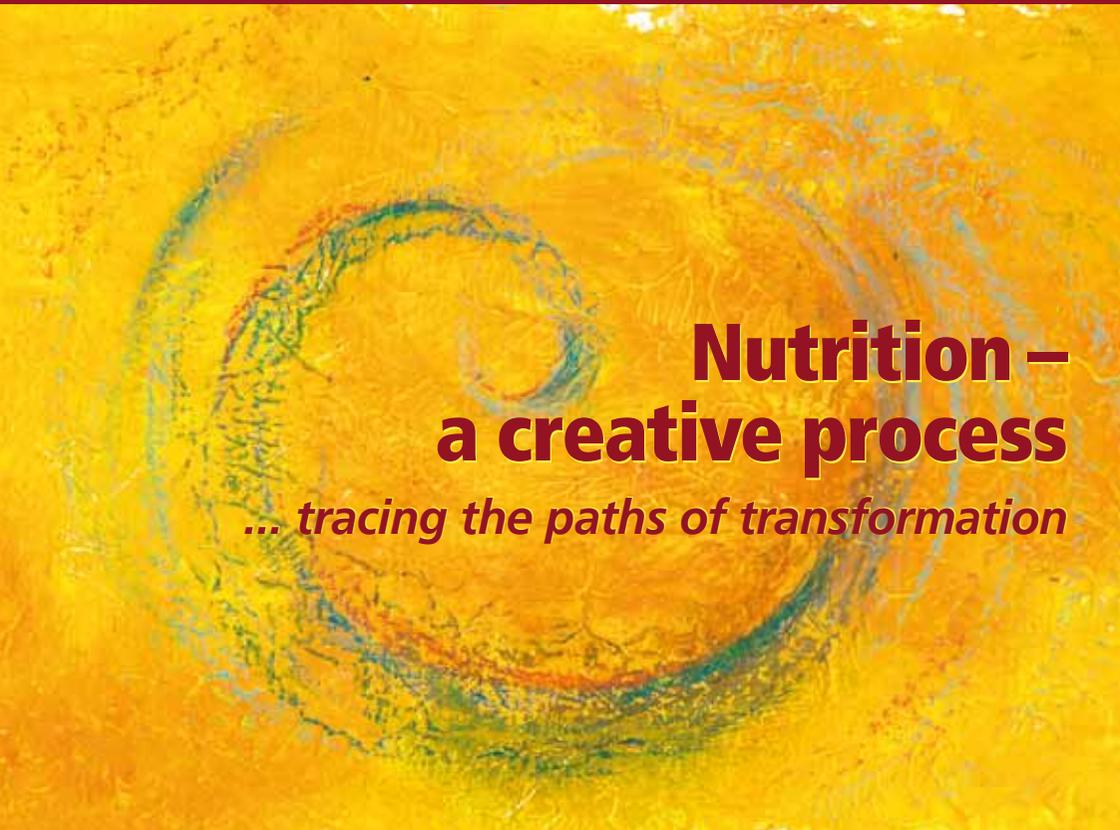




**Freie Hochschule
für Geisteswissenschaft**

Section for Agriculture, Arbeitskreis für Ernährungsforschung and Medical Section

International Nutrition Conference
at the Goetheanum (English, German, French)



**Nutrition –
a creative process**
... tracing the paths of transformation

1st – 3rd of May 2014 in **Dornach/Switzerland**

www.sektion-landwirtschaft.org

Goetheanum

Nutrition – a creative process

... tracing the paths of transformation

International Nutrition Conference at the Goetheanum 1st – 3rd of May 2014 (English, German, French)

		Friday, 2.5.2014	Saturday, 3.5.2014
<p>Nutrition is transformation: from cultivating, processing and preparing food, to eating and digesting – it is a process of continuous movement and change. This process leads from the living earth to plants, animals and finally man. Each step along the way from soil to man transforms the previous substance into something new. These often alchemical processes of transformation form the essential quality of nutrition.</p> <p>How can we become more conscious of these transformative processes and shape them constructively in our everyday nutrition? How can we convert the original substance that is contained in plant and animal products in a way that leads to true refinement?</p> <p>Alongside a deepening of these questions, the conference also aims to connect individuals and nutrition initiatives from different countries. Cooperative workshops using dialogue methods will be used to enhance the exchange amongst the participants. The conference is open to all interested individuals and will be trilingual. Workshops will be held in various languages.</p>		<p>8.30–9.10 Panel dialogue on the verse „Seek the truly practical, material life ...“ (German) <i>Ulrike von Schoultz, Dr. Reinhard Kindt</i></p>	<p>8.30–9.10 Panel dialogue on the verse „Seek the truly practical, material life ...“ (English) <i>Anita Pedersen, Dr. Jasmin Peschke</i></p>
		<p>9.15–10.15 Lecture Transformation processes in nutrition and in education (French) <i>Joël Acremant</i></p>	<p>9.15–10.15 Lecture Transformation of food – nutrition of the human being (from a medical perspective) (German) <i>Dr. Edmond Schoorel</i></p>
		<p>10.15–10.45 Break</p>	<p>10.15–10.45 Break</p>
		<p>10.45–12.15 Workshops I*</p>	<p>10.45–12.15 Conversation & Exchange</p>
		<p>12.30–13.30 Lunch break</p>	<p>12.30–14.00 Lunch break</p>
		<p>13.30–14.30 Guided tours, meetings of initiatives</p>	<p>14.00–15.00 Panel discussion Agriculture and kitchen-culture as a creative process (German) <i>Moderation: Dr. Isabell Hildermann</i></p>
		<p>14.30–15.30 Interactive: eating in ones' biography <i>Anita Pedersen, Ulrike von Schoultz</i></p>	<p>15.00–15.15 Closure (German) <i>Ueli Hurter</i></p>
		<p>15.30–16.00 Lecture Developmental keypoints and dietary changes (German) <i>Ulrike von Schoultz</i></p>	<p>15.30–16.30 For those who wish: time to discuss future work</p>
		<p>16.00–16.30 Break with „partner coffee“</p>	<p>* Summary descriptions of the workshops are available at www.sektion-landwirtschaft.org/4977.html</p>
		<p>16.30–18.00 Workshops II*</p>	
	<p>19.00–20.45 Opening (German) <i>Jean-Michel Florin</i></p>	<p>18.00–20.00 Evening break</p>	
	<p>Lecture Nutrition – a creative process (German) <i>Dr. Petra Kühne</i></p>	<p>20.00 „It's enough!“ Sketch <i>Theaterkabarett Birkenmeier</i></p>	
	<p>Musical ending with three mignon songs from Franz Schubert <i>Susanna Küffer Heer</i></p>	<p>From 21.00 onwards Night café in the Speisehaus</p>	

Workshops

Friday **2.5.2014, 10.45–12.15 / Repetition 16.30–18.00**

1. Breeding cereals – a process of creative transformation	<i>Dr. Isabell Hildermann</i>	DE, EN
2. Nutrition as a foundation for curative pedagogy	<i>Anita Pedersen Heinz Fendrich</i>	DE, EN
3. Fancy transformation? – how about baking?	<i>Emma Graf Birgit Hausheer</i>	DE, IT
4. Fat and warmth – a matter of the heart	<i>Dr. Petra Kühne Ulrike von Schoultz</i>	DE
5. Transformation processes in biodynamic agriculture – transformation processes in the human being	<i>Susanna Küffer Heer Dr. Reinhard Kindt</i>	DE, EN
6. From nutrition knowledge to its everyday application	<i>Renate Lendle Judith Schake</i>	DE, EN
7. More joy in eating through spices	<i>Jean-Michel Florin</i>	DE, FR
8. Changing eating habits	<i>Cornelia Vellut Joël Acremant</i>	DE, FR
9. Nutrition and inner work (the 6-months-exercises)	<i>Sabine Hurwitz</i>	DE, EN
10. Our eating biography – how life is mirrored in our eating behaviour	<i>Martina Kallenberg Claudia Tritschel</i>	DE, EN
11. How can anthroposophic nutrition be implemented in Waldorf schools?	<i>Ina Chesnier Gilles Daveau Jean-Christophe DaLuz</i>	DE, FR
12. Help! My child doesn't want to eat ... what shall I do?	<i>Johannes Kingma Dr. Edmond Schoorel</i>	DE, EN
13. Guided visit on the conference theme to the representative of humanity sculpture	<i>Esther Gerster</i>	DE, EN 10.45 DE, FR 16.30

The workshops in the afternoon are a repetition of the workshops in the morning.
Please choose two different workshops, one for the morning and one for the afternoon.

- Guided tours**
- Friday **2.5.2014,**
13.30–14.30
- 14. Goetheanum tour DE
 - 15. Goetheanum tour EN
 - 16. Goetheanum tour FR
 - 17. Garden tour DE
 - 18. Garden tour EN
 - 19. Garden tour FR

Information

Section for Agriculture at the Goetheanum
Hügelweg 59
CH-4143 Dornach
Tel./Fax +41 61 706 42 12 / 15
sektion.landwirtschaft@goetheanum.ch
www.sektion-landwirtschaft.org

Registration

Goetheanum Reception
Rütliweg 45
CH-4143 Dornach
tickets@goetheanum.ch
www.goetheanum.org/6064.html
Accommodation: zimmer@goetheanum.ch

Booking Form

4ET

Nutrition – a creative process

International Nutrition Conference of the Section for Agriculture
at the Goetheanum from Thursday, 1 to Saturday, 3 May 2014

Booking closes: Thursday, 17 April 2014

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Ms Mr Name, first name _____
Billing address private address address of institution _____
Name of institution _____
Street, n° _____
Town/ Postcode _____
Country _____
Phone/fax _____
Email _____

I need translation in English German French

Workshops (10.45 a.m.) 1st choice, n° _____ 2nd choice¹, n° _____ 3rd choice¹, n° _____

Workshops (4.30 p.m.) 1st choice, n° _____ 2nd choice¹, n° _____ 3rd choice¹, n° _____

The workshops in the afternoon are a repetition of the workshops in the morning.

Please choose two different workshops, one for the morning and one for the afternoon.

Guided Tour (2.5., 1.30 p.m.) N° _____

Professional and thematic groups are to be booked at the information desk during the conference.

Conference ticket with meals (2x lunch, 1x evening meal)

CHF 431 (with sponsorship²) CHF 316 (regular price) CHF 241 (concessions³)

Conference ticket without meals

CHF 365 (with sponsorship²) CHF 250 (regular price) CHF 175 (concessions³)

Breakfast (2x) CHF 30

Group accommodation (mattresses on the floor)

Please bring a sleeping bag as well as a sheet, limited places

CHF 20 (2 nights from 1 to 3 May 2014)

Parking at the Goetheanum Parking permit: CHF 14

Insurance See cancellation conditions in the General Information

Cancellation insurance (3% of the total costs, CHF 5 minimum)

Payment methods

on invoice (only Switzerland and Euro zone)

Credit card (all countries) Visa MasterCard

Card number: _____ / _____ / _____ / _____ Expiry date: ____ / ____

I would like to receive the biannual programme of Goetheanum events (in German).

I agree to the terms of payment and cancellation.

Place, date, signature

¹ We will consider your second and third choices in case your first choice is booked out when we receive your application. If a workshop should be cancelled we supply lists for you to change groups at the beginning of the conference.

² Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the Section for Agriculture.

³ Concessions apply for students, schoolchildren, OAPs, the unemployed, those in training, military or civil service and people with disabilities who receive benefits. Proof of status has to be submitted with your booking form.

Terms and Conditions will be sent on request or can be accessed online at www.goetheanum.org/2289.html.

General Information

Nutrition – a creative process

International Nutrition Conference of the Section for Agriculture
at the Goetheanum from Thursday, 1 to Saturday, 3 May 2014

Booking closes: Thursday, 17 April 2014

Conference fees: with sponsorship²: CHF 365 with meals: CHF 431
 regular price: CHF 250 with meals: CHF 316
 concessions³: CHF 175 with meals: CHF 241

Conference meals

Conference meals include 2x lunch and 1x evening meal. Breakfast (2x) can be booked separately at CHF 30. We regret that food intolerances cannot be catered for.

Parking permit

for the period of the conference: CHF 14 (not right next to the Goetheanum building). Please display your disabled badge in your car.

Group accommodation (booking possibility on the booking form)

Accommodation with mattresses on the floor: 2 nights from 1 to 3 May 2014 for CHF 20
Please bring a sleeping bag as well as a sheet; limited places

Methods of payment/confirmation

Credit cards (all countries): The full amount due will be charged to your account as soon as your booking has been processed. Confirmation will be sent to you.

Invoice (CH/Euro zone): Confirmation and invoice will be sent to you once your booking has been processed.

Other countries: Once your booking has been processed, you will be sent confirmation.

Please note that the conference fee must be paid before the conference starts.

Conference tickets: Tickets can be collected at Reception, also if you pay on arrival. We accept cash (Euro and CHF), VISA, MasterCard, ec-direct and Postcard-Schweiz.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the begin of the conference (date of posting). After that, 50% of the conference fee will be charged. Cancellation on the day when the conference begins or failure to attend are subject to a 100% cancellation fee. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 3% of total costs (CHF 5 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure.

Data processing: All data will be electronically recorded and filed.

Recommended accommodation

Prices are per person per night. Prices for accommodation cannot be guaranteed.

Guest Houses and Goetheanum Accommodation

Accommodation bureau	rooms from CHF 50 phone +41 61 706 44 45	zimmer@goetheanum.ch
Haus Friedwart	from CHF 75, about 5 min. walk to the Goetheanum phone +41 61 706 42 82	www.friedwart.ch
Begegnungszentrum	from CHF 30, about 10 min. walk to the Goetheanum phone +41 61 706 42 82	friedwart@goetheanum.ch
Guest House Stiftung Kloster Dornach	from CHF 75 phone +41 61 701 12 72	www.klosterdornach.ch
Hotels in Arlesheim from CHF 120		
Hotel Eremitage*	phone +41 61 701 54 20	www.eremitage.ch
Hotel zum Ochsen*	phone +41 61 706 52 00	www.ochsen.ch
Youth hostels from CHF 31		
Youth hostel Basel St. Alban	phone +41 61 272 05 72	www.youthhostel.ch
YMCA Hostel Basel	phone +41 61 361 73 09	www.ymcahostelbasel.ch
basel back pack	phone +41 61 333 00 37 (incl. mobility ticket)	www.baselbackpack.ch

* Accommodations offer on request special conditions for conference guests at the Goetheanum.